



Scotiabank Women Against Breast Cancer 5K

It's the 20th Anniversary of the Scotiabank Women against breast cancer 5k!

This year, we come together in Port of Spain – where we took our first steps in empowering women.

Celebrate this momentous occasion with us at the **Queen's Park Savannah on Saturday, September 29, 2018**. Let's continue to make strong steps in raising awareness of breast cancer and women's wellness throughout Trinidad and Tobago.

Register from Monday, August 27, 2018 at: www.raceroster.com/events/19393

Check Facebook for more details  Scotiabank Trinidad and Tobago Foundation
www.facebook.com/ScotiabankTTFoundation

Scotiabank Women against breast cancer 5K

Frequently Asked Questions

What is the purpose of the Scotiabank Women against breast cancer 5K event?

The Scotiabank Women against breast cancer 5k began 20 years ago. The event is a 5k race aimed at bringing women in T&T together to show solidarity, empathy and support for thousands of women affected by the disease of breast cancer. Over the years, proceeds from the race have benefitted over 18,500 women with free breast cancer screening and education programs.

When does the Scotiabank Women against breast cancer 5K take place this year?

Saturday 29th September, 2018.

Where will the race take place?

The race will take place at:

- The race will start at corner of Stanmore Avenue and Queen's Park Savannah, Port of Spain and finish at The Paddock, Queen's Park Savannah.

Why will the race be held at only one location this year?

We appreciate the support the Scotiabank Women against breast cancer 5k has received at the other previous locations but this year, in commemoration of our 20th anniversary, we decided to bring the event back to where it all started. One event at the Queen's Park Savannah is symbolic of revitalizing our purpose to continuously press forward with an unwavering commitment to an event that has grown into a public display of solidarity as we raise awareness of breast cancer and women's health and wellness.

What time does the race start?

- Assembly – 3:00pm
- Warm Up begins at 3:30pm
- Race begins at 4.00pm

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How can I register?

Participants will need to register online at www.raceroster.com/events/19393. For team registration (25 plus) email: 20stepsstronger@gmail.com or call: 357-0293

I would like to register as a team. What is the process?

Corporate teams are welcomed to participate as a team in the race. To qualify for team registration, your team must comprise of 25 persons or more. For information, email: 20stepsstronger@gmail.com or call: 357-0293

When does registration open?

Registration opens on Monday 27th August. Once registration opens, information will be shared on the Scotiabank TT Foundation Facebook page and Scotiabank website: www.tt.scotiabank.com.

What is the cost of registration?

Registration cost is USD\$15 or equivalent TT\$ based on the day's exchange rate.

Are there group discounts?

At this time, group discounts are not available.

Can I donate to the cause if I can't run?

Donations will be accepted on Race Roster www.raceroster.com/events/19393 or any branch of Scotiabank.

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Will Race memorabilia be available for sale?

Yes, a variety of items will be available to support the cause. Items can be found on the Race Roster race registration site www.raceroster.com/events/19393 and can also be purchased at Race Package collection.

When/Where can I collect my race package?

When: Saturday 15th, 22nd September, 9:00am - 3:00pm

Location: The Queen's Park Oval, St. Clair

Do I need ID to collect my package?

Persons who register online must walk with the Confirmation Page to collect packages. Persons collecting on behalf of a registrant must have a letter authorising collection which states the name of the registrant on whose behalf they are collecting, a copy of the registrant's ID and the name of the person collecting the package. This person must present a photo ID upon collection.

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I don't have a credit card to sign up online and I prefer to sign up in-person. Would I be allowed to do so?

Dependent on the availability of race numbers, participants who do not have a credit card or who prefer to sign up in-person, can register at the Package Collection centre at the Queen's Park Oval, St. Clair, on September 15th or September 22nd. Registration at the Package Collection centre is dependent on availability, so we encourage you to use the online registration site to register early as race numbers sell out quickly!

Can groups/teams print their own T-shirts for the event?

We welcome any show of solidarity and look forward to seeing you there!

Is the race open to men as well?

The race is open to only females. Male family members, friends and colleagues are welcome to support participants along the race route.

Can I walk the event as well, or do I have to run?

There are a few elite runners who run the race to compete for prizes. However, the majority of participants walk the routes to show solidarity and support for the cause.

Can mothers with children in strollers participate?

Mother's with strollers may participate; however, the race attracts 5,000 females so women with young children are encouraged to walk at the back of the race.

Do all participants receive a medal?

All REGISTERED participants who cross the finish line will receive a medal.

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Are tokens provided on the day?

Our corporate sponsors welcome the opportunity to support the cause. They share our Vision and congratulate our registered participants by providing free products and services in the Runners Zone at the end of the race! This benefit is for registered participants only.